

Comeback Strong

Reset Leadership Journal 2021
14 days of Resetting Your Perspective

CLINTON HOUSE

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14 Days of Resetting Your Perspective

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Welcome

Welcome to 2021, the year of *reset*! I believe this will be the year of restarting, resetting, refreshing, and regaining a new perspective about your life, family, vision, and ministry. I want to give you valuable nuggets that will turn your deficits into progress!

I am grateful that you decided to connect with me for 14 days to re-channel our viewpoints, which will rekindle our drive for vision and move us forward with passion and purpose.

It's time to RESET!

Pastor Clinton House
Clinton House Ministries

How To Use Your Journal

Below you will find guidelines to follow for the next 14 days.

- Design your vision words "Words of Affirmation"

In recent years, vision boards have become a phenomenon. Many even host vision board parties. I had a thought. Along with the pictures and symbols, has anyone ever created a "Vision of Words" that will manifest in their lives? The power of our words can create, and recreate, the foundation and substance of our lives. Use this section to creatively define the words that make up the foundation of your life. This section is to inspire you! Why? Because you are the words that you speak! Your words will become life! Get ready to reshape your world by the words you speak.

- Dive into your daily devotion

- Dive into your daily devotion

In this section, guide yourself into a deeper, more focused relationship with God, and reset your leadership skills in every area in your life. Dedicate time to read the scriptures. Take notes, and set aside effective prayer time to ensure that you have the power to start your day in the right mindset.

- Write daily appointments, tasks, and top priorities
- Keep track of daily health habits
- Keep track of your leadership skills with family, on your job, and your church responsibilities

A Letter from Pastor House

Grace, Peace, Prosperity, and Wisdom are the words that I speak over our 2021!

Greetings! I am so excited to share with you the most strategic and thought-provoking 14-day walk with God! I believe God has instructed me to challenge all areas that encompass an individual's everyday life. I am committed to taking this journey with you as we increase our study and prayer time with the Lord; and as we commit to the resetting of our health, wealth, and mindsets to move forward in our faith, and to trust God like never before.

I know that last year was a challenge, and a year of many unknowns, but God did not leave us without assurance. He promised NEVER to leave us or forsake us, and I stand as a testament of that promise.

I believe that through this 14-day journal, you will be encouraged, inspired, and impacted to become a better you, and to sharpen your leadership skills.

My friends, get ready to enjoy the path back to a whole relationship with your purpose, and to the heart of God.

Comeback Strong,
Pastor Clinton House

Comeback Defined

come·back

/'kəm,bak/

noun

- 1) a return by a well-known person, especially an entertainer or sports player, to the activity in which they have formerly been successful.

resurgence

recovery

return

rally

upturn

revival

rebound

fightback

- 2) a quick reply to a critical remark.

retort

riposte

return

rejoinder

counter

retaliation

sally

answer

reply

response

Start to Finish Tracker

Goal: _____

Finish Date: _____

Small Steps I Will Take to Reach My Goal:

Checkpoints (How am I doing?):

Accomplished Goals? Yes or No (Circle Answer)

Leadership

Inspiring others to achieve, serving them so they can, and celebrating them when they do.

Day 1

Resetting My Family

Affirmation:

I give myself and my family space to grow and learn.

I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you. -Psalm 32:8

Walking with God requires an intimate, prayer-filled reliance upon Him. Christian leadership is impossible if you have not fostered deep, spiritual sensitivity.

Prayer for my family:

Five things I want God to immediately reset in my family:

In 2021, leadership within my family will be:

Reset Bible Study Notes

But as for you, teach what accords with sound doctrine.

Older men are to be sober-minded, dignified, self-controlled, sound in faith, in love, and steadfastness.

Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.

Titus 2:1-15

Steps to Reset Your Family

Your family's foundation is the key to your life.

Healthy family relationships are important. As a leader in your home, you build the foundation. Ensure that you create connections to keep your family safeguarded from the enemy. A solid foundation is the key!

- ✓ Establish constant connectivity
- ✓ Eat dinner as a family. Ask each family member to share details of their day
- ✓ Consider planning a weekly family meeting to develop goals, share news, and celebrate success
- ✓ Include trust-based relational interventions and bonding techniques
- ✓ Encourage each other daily through text messages, phone calls, or notes left around the house
- ✓ Have family prayer
- ✓ Set conflict-resolution practices in place
- ✓ Get involved; be present
- ✓ Be honest. Have pure and thorough discussions that will bring awareness, and secure a stronger bond within the home

Health Tracker Goals

As a leader, I must be strong in my body and my spirit.

DAILY MEAL PLAN USAGE

What do you want to reset in your diet?

Meal Plan:

✓ Breakfast

✓ Lunch

✓ Dinner

How many steps did I take today?

My work-out plan was/will be:

Simple Goal Setting

The basics of setting and completing your goals

My goal is:

Start Date: _____ Completion Date: _____

Steps to reaching my goal:

1. _____

2. _____

3. _____

Two things that will help me reach my goal:

1. _____

2. _____

I will know I have reached my goal because:

Goals

Goal

Why

Milestones

Action Plan

Reward

Affirmation and Prayer

Execute

*Put in the work and let the results of your work
do the talking*

Day 2 *Resetting My Mindset*

Affirmation:

My mind is brilliant, and will produce millionaire ideas.
My thoughts encompass downloads from heaven.

Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways when they carry out their wicked schemes.—Psalm 37:7

Do not be distracted by the success of others, even if they are succeeding in their wickedness. Developing patience, trust, and stillness before God will give you the stability you desire—and He will come through.

Prayer for my mind:

Five things I want God to immediately reset in my thoughts:

In 2021, my leadership mindset will be:

Reset Bible Study Notes

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing, and perfect will.

Romans 12:2

Steps to Resetting My Mindset

When your mind is changed, your life will be transformed. Remind yourself daily that where your mind goes, your life will always follow.

- ✓ Stop waiting for an outside miracle to change your mind
- ✓ Stop believing that you can't control your thoughts
- ✓ Whatever you feed your mind becomes a mindset
- ✓ Confess what you believe, not what you feel
- ✓ Resist negative thoughts; assist positive thoughts
- ✓ Celebrate the process

Renewing the mind happens when we celebrate small victories and focus on what God is doing instead of what He is not doing. You will always follow the path of your most spoken words.

**BUILD YOUR
LIFE BY
MAKING
INTENTIONAL
MOVEMENTS.
YOU ARE
COMING INTO
YOUR GREATEST
LIFE.**



Health Tracker Goals

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Affirmation and Prayer

Failure

*A temporary state where the most valuable
lessons are learned*

Day 3

Resetting My Money Management

Affirmation:

My money grows in 2021. I am a person of wealth and riches. I attract money from many streams, and I maintain the wealth that flows into my life. I do not have start and stop increase, but a flood is happening now and overtaking me. I will NEVER be broke or empty again in my life.

But remember the Lord your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, as it is today. -Deuteronomy 8:18

Prayer for my financial stability:

Five things I want God to immediately reset in my finances:

In 2021, my leadership in money matters will be:

Reset Bible Study Notes

A good person leaves an inheritance for their children's children, but a sinner's wealth is stored up for the righteous.

Proverbs 13:22 NIV

EXPECT
FOR
SOMETHING
GREAT TO
HAPPEN
FOR YOU.

2021
 COMEBACK
STRONG

Steps to Resetting My Financial Life

Climbing out of poverty by your own efforts that is something on which to pride yourself but poverty itself is romanticized only by fools.

- J. K. Rowling, author of The Harry Potter books

- ✓ Tithe
- ✓ Determine your current financial situation
- ✓ Develop financial goals
- ✓ Identify all alternative courses of action to improve your spending habits
- ✓ Consider opportunities to invest your money
- ✓ Create and implement a financial action plan
- ✓ Implement your plan and remain consistent
- ✓ Monitor your progress

To implement the plan means that you put your plan to work! However, as simple as this sounds, many people find that implementation is the most difficult step in financial planning. Although you have developed the plan, it will take discipline and desire to put it into action. You may begin to wonder what would happen if you fail.

This is where inaction grows into procrastination.

Health Tracker Goals

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Why



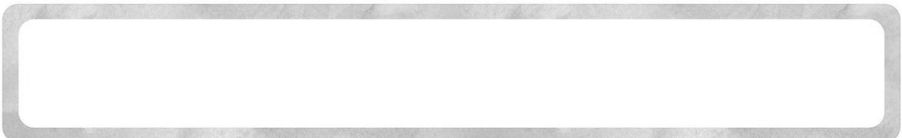
Milestones



Action Plan



Reward



Affirmation and Prayer

Teamwork

*The combined action of a group of people,
especially when effective and efficient*

Resetting My Relationships

Day 4

Affirmation:

I am perfectly capable of understanding my relational needs. I believe in the strength of my relationships. I am completely aligned with them in their individual spaces. I respect all relational boundaries. I am considerate of their feelings. I will make better emotional decisions. I am deserving of long-lasting, fulfilling relationships.

Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wrong.—1 Corinthians 13:4-5

Prayer for my relationships:

Five things I want God to immediately reset in my relationships:

In 2021, my leadership strategy in relationships will be:

Reset Bible Study Notes

Above all, love each other deeply because love covers over a multitude of sins.

1 Peter 4:8

Steps to Resetting My Relationships

All relationships go through hell, and real relationships get through them all.

- ✓ Forgiveness is an action, not a feeling
- ✓ Build trust. Trust is the bedrock of love, which matures with time
- ✓ Be a good listener
- ✓ Be supportive
- ✓ Apologize
- ✓ Reinvigorate your connection
- ✓ Transform disagreements into opportunities for relational growth

Relationships have the potential to create a deep sense of happiness, love, and companionship. Everyone hopes for the best when they begin a new relationship, but some people find their relationships follow frustrating fixed patterns of interaction that evoke feelings of anger, confusion, and sadness. The path to relationship success can be very rocky at times.

To make a relationship work, it takes understanding, communication, and mutual commitment. If your relationship is going through a rough patch, these are some of the most effective ways to ensure that you and your partner get back on track and stay the course.

Health Tracker Goals

As a leader, I must be strong in my body and my spirit.

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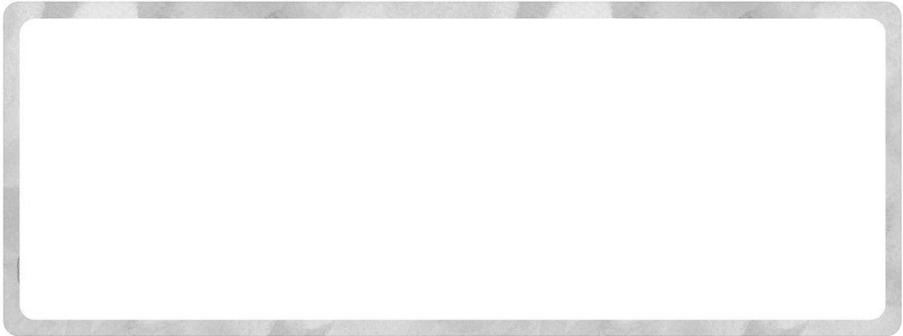
Why



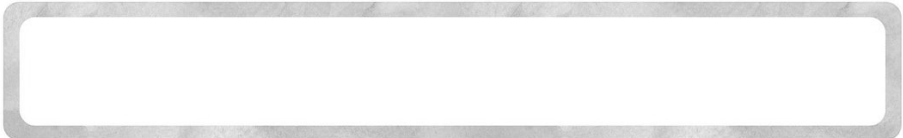
Milestones



Action Plan



Reward



Affirmation and Prayer

Success

*The predictable result of hard work, patience,
sacrifice, and intentional learning put into
practice every day*

Day 5

Resetting My Ministerial Assignments

Affirmation:

I serve and submit myself to God, my pastor, and my ministerial assignments! I repent of any areas where I've lacked and did not give 100% of my time and passion. I renew and restore my commitment to the call on my life. I am a leader of substance and vision. I am a servant of God's people and His mission for my life.

And I will do whatever you ask in my name, so that the Son may bring glory to the Father. You may ask me for anything in my name, and I will do it. -John 14:13-14

Prayer for my ministerial assignment and those I lead:

Five things I want God to immediately reset in my ministerial assignments:

In 2021, the leadership strategy in my ministerial assignment will be:

Reset Bible Study Notes

Whatever you do, work at it with all your heart, as working for the Lord, not for men.

Colossians 3:23

Steps to Resetting My Ministerial Assignment

No matter what your role is in the church, perform it to the best of your ability. Even if you think no one notices your efforts, God does!

- ✓ Practice discipline
- ✓ Practice consistency
- ✓ Learn to follow
- ✓ Develop situational awareness
- ✓ Resolve conflict
- ✓ Identify your strengths and use them
- ✓ Admit when you fail and move on
- ✓ Find your purpose

To understand leadership, the first conversation you must have is with yourself. Developing leadership skills is one of the most powerful moves you can make to transform your professional, ministerial, and personal life. The process of harnessing your natural talents to inspire others is empowering. As you develop leadership skills, you become more attuned to your strengths and weaknesses, which creates self-awareness and the ability

to relate to others. Knock the limits off of your skills to operate in ministry.

As a leader, you must look inward and focus on your abilities and shortcomings. The ability to search internally for ways to empower and inspire your team is one of the most genuine examples of leadership skills out there. There are several methods that can be used to turn the conversation inward and focus on developing leadership.

Health Tracker Goals

As a leader, I must be strong in my body and my spirit.

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Why

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Action Plan

Reward

Affirmation and Prayer

Determination

*Unbreakable focus, drive, and resilience in the
face of adversity*

Day 6 *Resetting My Vision*

Affirmation:

I create the life I want and enjoy it. I am living to my full potential. I surround myself with successful, positive people who believe in me and want to see me succeed. I celebrate each goal and success with gratitude. Every day, I take action to achieve my goals.

Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him, and he will do this.—Psalm 37:4-5

Vision is not just about reaching a goal; it is about fulfilling God's desire for your church. As we do the work of ministry, we should continually ask God to align our desires with His.

Prayer for vision:

Five things I want God to immediately reset in my vision:

In 2021, my leadership strategy regarding vision will be:

Reset Bible Study Notes

Where there is no prophetic vision, the people cast off restraint, but blessed is he who keeps the law.

Proverbs 29:18ESV

Steps to Resetting Vision

Ask for what you want and be prepared to get it.

–Maya Angelou

- ✓ Reflect on all areas of your life
- ✓ Visualize
- ✓ Create your vision
- ✓ Define your goals
- ✓ Don't limit yourself
- ✓ Envision what you want your life to be like
- ✓ Commit to them

Dream big. Do not allow fear, or a lack of confidence, to shortchange your vision. If your vision does not make you a little uncomfortable, you are not dreaming big enough. It should be scary, but also exciting.

THE POWER
OF THOUGHT
MAKES US
UNSTOPPABLE
& LIMITLESS.

2021
 COMEBACK
STRONG

Health Tracker Goals

As a leader, I must be strong in my body and my spirit.

DAILY MEAL PLAN USAGE

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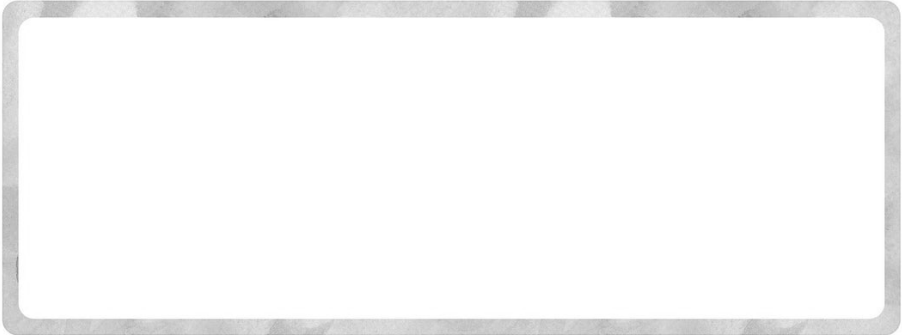
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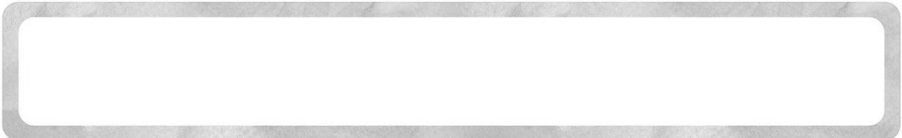
Milestones



Action Plan



Reward



Focus

*The state or quality of having or producing clear
visual definition*

Day 7 *Resetting My Purpose*

Affirmation:

I act with my sole **purpose** in mind, and wonderful things happen as a result. I always direct my thoughts and actions toward my **purpose**. I always follow my heart's path. I always have crystal clarity of **purpose**.

Trust in the Lord and do good; dwell in the land and enjoy safe pasture. Take delight in the Lord, and he will give you the desires of your heart.—Psalm 37:3-4

Prayer for my purpose:

Five things I want God to immediately reset in my purpose:

In 2021, the leadership strategy concerning my purpose will be:

Reset Bible Study Notes

For lack of guidance, a nation falls, but victory is won through many advisers.

Proverbs 11:14

Steps to Resetting Purpose

- ✓ Get out of your comfort zone
- ✓ Explore the unknown to understand yourself better
- ✓ Meet a new group of friends that flow in your path
- ✓ Actualize your newly found purpose in day-to-day life
- ✓ Make intentional incremental steps
- ✓ Remember that obstacles are not end-all's
- ✓ Pursue your purpose with passion
- ✓ Stay on course

Losing or lacking a sense of direction can feel like being stranded in the forest of life without a compass. Maybe you want to leave a positive impact on the world, but are unsure how to channel your boundless compassion into reality.

Maybe you feel stuck on cruise control, both at work in your personal life, and can't shake the looming sense that you have lost touch with who you are. Maybe you realize that the career path you have pursued is not what you want after all, and unknown alternatives feel too overwhelming to face.

When you feel lost, dedicate time to reflect and reconnect with yourself, and God can help get you back on the path.

Health Tracker Goals

As a leader, I must be strong in my body and my spirit.

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Goals

Goal

Why

Milestones

Action Plan

Reward

Persistence

*Pursuing your goal with committed focus
despite difficulty or delay*

Prayer for persistence:

Five things I want God to immediately reset in my persistence:

In 2021, my leadership strategy concerning persistence will be:

Reset Bible Study Notes

And I tell you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.

Luke 11:9-11

Steps to Living a Life of Persistence

- ✓ Identify your purpose
- ✓ Don't quit on your burning desire
- ✓ Have self-reliance, which is confidence in your ability to go the distance
- ✓ Keep your goals before God in prayer
- ✓ Agree with God's plan consistently

WHATEVER
YOU
MEDITATE ON
DAY AND
NIGHT WILL
MANIFEST IN
YOUR LIFE.

2021
 COMEBACK
STRONG

Health Tracker Goals

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Goal

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Unlimited

Not limited or restricted in terms of number, quantity, or extent; inexhaustible (of an amount or supply of something) unable to be used up because existing in abundance

Day 9

Resetting My Passion for God

Affirmation:

I am the apple of God's eye; He has engraved me on the palms of His hands, for He cares for the details of my life -even the number of hairs on my head. I am fearfully and wonderfully made.

I demolish every thought or pretension that sets itself up against the knowledge of God in me; I take captive negative and unbiblical thoughts and make them obedient to Christ.

-II Corinthians 10:5

Prayer for my passion for God:

Five things I want God to immediately reset in my passion:

In 2021, my leadership strategy concerning passion will be:

Reset Bible Study Notes

The Lord directs me and establishes my steps. When I fall, I won't stay down; He will pick me up. When negative thoughts assail me, God consoles and comforts my soul.

Psalm 37:23-24, Psalm 94:19

Steps to Resetting My Passion for God

- ✓ Take time to talk with God
- ✓ Obey His voice
- ✓ Study the scriptures
- ✓ Listen for His voice
- ✓ Praise Him
- ✓ Have disciplined prayer time

I have been there. I have been burned out and depressed, discouraged, and defeated. I have led in atmospheres where every creative idea was smothered by questions rooted in fear. I have been distracted by secondary interests. I have given in to my own emotions and have isolated myself from healthy, life-giving relationships.

And I have recovered. That does not mean I am where I desire to be; I am still on the journey and have a long way to go. However, I have learned how to come back to passionate living and leadership the hard way. During painful experiences, I reignited my passion for God on a greater level.

KEEP
SPEAKING
WHAT YOU
DESIRE TO
SEE UNTIL
YOU
RECEIVE IT.

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Moving Forward

To advance in position or progress

Day 10 *Resetting My Bloodline*

Affirmation:

Today, every evil assignment is overturned and annihilated. Every generational hindrance is cancelled. I will no longer allow the previous generations' issues to work through or against me. My children, grandchildren, and great-grandchildren are free from the sins of our forefathers; the blood of Jesus has loosed its yoke from our future. We are free, and we live in the abundance of our newness with Jesus Christ.

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

—Ephesians 6:12

Prayer to destroy generational hindrances:

Five things I want God to immediately reset in my generation:

In 2021, the leadership strategy concerning my family/generation will be:

Reset Bible Study Notes

*No weapon that is formed against thee shall prosper,
and every tongue that shall rise against thee in
judgment thou shalt condemn. This is the heritage of the
servants of the LORD, and their righteousness is of me,
saith the LORD.*

Isaiah 54:17

Steps to Resetting My Generation

- ✓ Realize that you are free
- ✓ Identify the root of the issue
- ✓ Give it to God
- ✓ Realize that the issue is not your responsibility
- ✓ Forgive
- ✓ Know that God has given you the power to start again
- ✓ Refuse to grant it any access

Wherever you have come from, whatever you have endured, does not have the power to define your today or tomorrow. You get to define it with boldness and courage.

Take some time to sit down and look over your life, and your family's history, so that YOU can take charge of your own unique path. Acknowledge the aches. Identify areas in need of healthy discipline, and receive growth. Watch as you gain vulnerability, deeper insight, and greater steps of action to create good, life-changing habits.

IF YOU CAN
THINK IT,
GOD CAN
PERFORM
IT.

2021
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Character

Your character is your personality, especially how reliable and honest you are. If someone is of good character, they are reliable and honest. If they are of bad character, they are unreliable and dishonest.

Day 11 *Resetting Who I Am*

Affirmation:

I AM always in the right place at the right time. I AM constantly offered new opportunities for success. I AM a money magnet and attract money easily. I AM a leader and use my influence to be a light in the world. I AM a powerful manifestor and trailblazer. I AM ever-expanding my belief of what is possible. I live in total abundance. I AM a perpetual generator of abundance and positive energy.

So you are no longer a slave, but God's child; and since you are his child, God has made you also an heir.—Galatians 4:7

Prayer to believe who I am in Christ:

Five things I want God to immediately reveal to me regarding my identity in Him:

In 2021, the leadership strategy concerning my identity will be:

Reset Bible Study Notes

But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.

Ephesians 2:4-5

Steps to Resetting Who I Am

- ✓ Be quiet. You cannot and will not be able to know yourself until you take the time to be still
- ✓ Know your personality
- ✓ Realize who you truly are, and not who you want to be.
- ✓ Be self-aware
- ✓ Discover your strengths (and your weaknesses)
- ✓ Find what you are passionate about
- ✓ Ask for feedback
- ✓ Assess your relationships
- ✓ Journal your success

Many of us have a tendency to experience automatic thoughts that are pessimistic, self-undermining, and irrational. If you do not know yourself very well, you may accept these cognitive distortions at face value. Subsequently, you may experience a low mood and feel bad for yourself.

In contrast to those negative moments, when you have higher levels of self-awareness, you can "catch" these distortions as they rise up, and redirect your mind to more realistic thoughts.

Whenever you find yourself catastrophizing, making negative assumptions about your worth, or discounting positive feedback, take a breath and challenge those thoughts. You are not your worst thought about yourself. Remind yourself that you are God's mind in the earth realm. You are a Word in action, and you are a powerful force that moves and operates in agreement with God's timing.

Health Tracker Goals

As a leader, I must be strong in my body and my spirit.

DAILY MEAL PLAN USAGE

What do you want to reset in your diet?

Meal Plan:

✓ Breakfast

✓ Lunch

✓ Dinner

How many steps did I take today? _____

My work-out plan was/will be:

Simple Goal Setting

The basics of setting and completing your goals

My goal is:

Start Date: _____ Completion Date: _____

Steps to reaching my goal:

1. _____

2. _____

3. _____

Two things that will help me reach my goal:

1. _____

2. _____

I will know I have reached my goal because:

Goals

Goal

Why

Milestones

Action Plan

Reward

Resilience

Persistence and resilience only come from having been given the chance to work through difficult problems.

—Gever Tulley.

Prayer for wisdom:

Five things I want God to immediately teach me concerning wisdom:

In 2021, my leadership strategy concerning wisdom will be:

Steps to Resetting My Wisdom

- ✓ See yourself as a wise person making wise and prudent choices
- ✓ Practice implementing wisdom in your speech; be careful about what you say
- ✓ Never move forward with a decision based only on how good something looks
- ✓ Don't focus on or be consumed by things over which you have no control, especially people
- ✓ Be grateful for what you've been given
- ✓ Understand that the beginning is the most important part of any endeavor. Spend the amount of time that is necessary for proper preparation
- ✓ Focus on today with an understanding of the future
- ✓ Align yourself with great people and groups

Walking in the wisdom of God is not automatic. Wisdom does not just fall on you. The Bible says to "get wisdom." It is an invitation for all of us, and that is why you can practice getting the wisdom of God every single day.

The Spirit of Wisdom is an attribute of God. In other words, it is a part of His nature. If heat is part of fire's nature, and can change the nature of whatever it burns, wisdom is part of God's nature, and it changes the nature of the person who walks in it. Your old mindsets, refined in the spiritual fire of His wisdom.

Health Tracker Goals

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Overcomer

Succeed in dealing with a problem or difficulty. In the middle of every difficulty lies an opportunity to overcome.

Day 13

Resetting My Life

Affirmation:

I am worthy of success and work hard towards it daily. I reject distortions and manipulations of the truth. I choose to see others as they really are and to see myself as I really am. I refuse to numb myself. I choose to honor my feelings and what I can learn from them. I reject crippling doubt. I choose to believe that God is real and that He cares for me. I will allow nothing and no one to take control of me. I surrender to the healing power of the Holy Spirit. I refuse to believe the lie that I am stuck forever. I exercise my freedom to choose to do the next right thing. I am an overcomer.

Jesus said to her, "I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live."—John 11:25

Prayer for resetting my life:

Five things I want God to immediately implement to reset my life:

In 2021, the leadership strategy concerning my life's reset will be:

Reset Bible Study Notes

In their hearts, humans plan their course, but the Lord establishes their steps.

Proverbs 16:9

Steps to Resetting My Life

- ✓ The first step is to get clear on your intentions
- ✓ Declutter your space-mentally and physically
- ✓ Revisit your goals
- ✓ Realign your commitment to your goals
- ✓ Set SMART goals
- ✓ Create an action plan
- ✓ Create a new routine
- ✓ Take action
- ✓ Stay consistent

If you are convinced that something must change, whether in your work or personal life, and you are struggling to figure it out, it is time to reset it. Sometimes an area of your life, and perhaps more than one, has gone completely off track, and you feel like you cannot move forward. The power of resetting is that at any given moment in life, you can reset yourself, career, or relationship. It would give you an entirely fresh start, and a clean slate to begin your efforts anew; it completely clears your mind of all the unfinished to-dos, burdensome distractions, and nagging questions in life.

If predictable patterns in your life are not giving you the results you seek, change course. Stop doing what you have always done. Switch off the usual and embrace a new challenge.

The golden opportunity to change is now. Hit reset. Start over. Start a new chapter.

Health Tracker Goals

As a leader, I must be strong in my body and my spirit.

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Steps to Resetting My Life

Affirmations

1. **Receiving:** I am no longer bound by the demands and neediness of others. I receive from God and from others.
2. **Agreeing:** I renounce half-truths, shame, and toxic distortions of reality. I agree with truth and everything that brings life.
3. **Reflecting:** I am no longer fearful of quiet and stillness. I choose to reflect on my life and learn from my experiences.
4. **Stabilizing:** I avoid the chaos that accompanies sickness. I choose stability.
5. **Learning:** I will live beyond the immediate urges and impulsive drives. I choose opportunities to learn and grow.
6. **Building:** I am no longer falling apart. I choose to build up others and myself in body, mind, and spirit.
7. **Growing:** I can tolerate discomfort. I choose to grow in my relationships with God, other people, and myself.
8. **Integrating:** I no longer accommodate splintered pieces of myself. I choose to integrate all of who I am to become a healthy, whole, and functioning individual.
9. **Forgiving:** I no longer harbor bitterness and resentment. I choose freely to forgive others.
10. **Resolving:** I no longer flee from conflict or avoid confrontation. I choose to resolve issues with others to promote peace, reconciliation, and healing.

11. **Restoring:** I no longer steal freedom from others or allow them to steal mine. I choose to restore what has been lost.
12. **Reaching:** I no longer wait for others to notice or validate me. I am reaching out to others when in need.
13. **Sharing:** I no longer hoard possessions, talent, or time. I choose to share gracefully all that I have been given from God.
14. **Serving:** I am no longer enslaved to serve others under compulsion. I choose to serve with gratitude because God has called me to do it.
15. **Giving:** I no longer rob others of their time, confidence, or reputation. I choose to give from the abundance I have been given.
16. **Leading:** I no longer allow others to determine my course. I choose to stand up and lead others to a new way of living.
17. **Providing:** I no longer take whatever I can get from others. I provide others with time, attention, encouragement, affirmation, and respect.
18. **Utilizing:** I am no longer afraid to ask for help. I reap the benefits of the resources that enrich my life.
19. **Comforting:** I am no longer the victim of another's neglect or cruelty. I take time to receive and experience comfort from God, others, and myself.
20. **Experiencing:** I am no longer bullied by distractions and obsessions. I choose to experience being fully present wherever I am.

...in Jesus' name. Amen.

Management

A process of planning, decision-making, organizing, leading, and motivating to reach goals efficiently and effectively

Prayer for managing leadership:

Five things I want God to immediately implement to enhance my ability to manage my life and to direct others:

In 2021, my leadership strategy concerning management skills will be:

ALWAYS
MAKE
DECISIONS
THAT
PRIORITIZE
YOUR INNER
PEACE.

2021
 COMEBACK
STRONG

Steps to Good Management Skills

- ✓ Outline Your Goals
- ✓ Determine Where You Want to Improve
- ✓ Talk to Your Team
- ✓ Get Organized
- ✓ Take a Leadership Course
- ✓ Read Management Books
- ✓ Learn How to Listen

Reset Bible Study Notes

Where there is no guidance, a people falls, but in an abundance of counselors there is safety.

Proverbs 11:14

Health Tracker Goals

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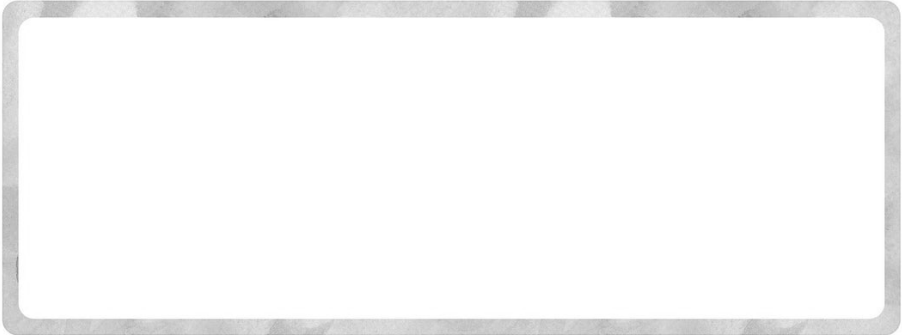
Why



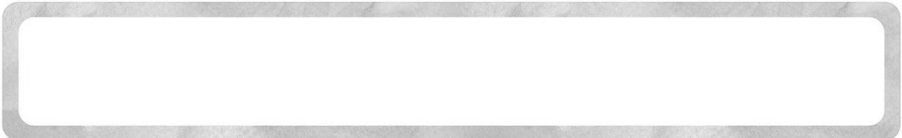
Milestones



Action Plan



Reward



**YOUR BEST
DAYS ARE
MANIFESTING
NOW!**

2021
 **COMEBACK
STRONG**

Comeback Strong

Reset Leadership Journal 2021
14 Days of Resetting Your Perspective

Clinton House is the Pastor and Chief Executive Officer of Mountaintop Faith Ministries and Clinton House Ministries of Las Vegas, Nevada. With the heart of a servant and the mind of an engineer, Clinton is passionate about building and restoring lives and ministering to hurting souls. He is a life motivator, motivational speaker, and visionary leader committed to the eternal investment of people.

Clinton House is married to his wonderful wife Dr. Mary L. House.

